

Bridging the gap with our Autism Awareness and Emotional Positivity course

E-newsletter
September 2023

What are we offering?



Autism Awareness and Emotional Positivity sessions for autistic children, young people and their families (no diagnosis necessary) to residents or school goers in the Aycliffe or Middridge areas.

Who are we?



The Autism Awareness and Emotional Positivity course is delivered by Learning a New Way CIC and Eric Knows.

Eric Knows is a not-for-profit organisation that works with autistic and SEND children, young people and their families. We debunk myths about what it *really means* to be autistic and help young people explore what they need to excel.

Learning a New Way is a not-for-profit organisation. They deliver bespoke and young-person-led education in a friendly environment. They promote individuality in a nurturing and progressive way.

When is it running?



- Each course runs for 6 weeks
- Our first course of the 23/24 academic year starts on Tuesday 19th September 2023
- Each session lasts for 1.5 hours

Where will it be?



Sessions will take place at:
Newton Aycliffe Youth & Community Centre
Newton Aycliffe

How is it delivered?



- We deliver to children, young people and their families.
- We deliver sessions in maximum group sizes of 10 young people, plus family members.
- We aim to reduce teaching/presenting time by making session practical in nature.

Why?



We know what it is like to be neurodivergent and live in a neurotypical world. This is why we want help young people understand themselves as best they can. We want to help young people become their own best advocates and know their strengths as well as their needs.

What does it cost?

The courses are funded by Great Aycliffe and Middridge (GAMP) Area action partnership (AAP) which means there is no cost to families who live, or go to school, in these areas.



Eric Knows



partnered with **Learning a New Way CIC**

Register here <https://bit.ly/EricAAEP>

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