

Self-isolation for close contacts post 16 Aug 2021

From Monday 16 August 2021, changes come into effect to self-isolation rules if you are identified as a close contact of a confirmed case of Covid-19.

The following groups will be exempt from the legal duty to self-isolate:

- *• Fully vaccinated adults (close contact at least 14 days after your second dose).
- *• Children and young people under 18.
- Clinical trial participants: those who have, or are taking part in an MHRA approved vaccine clinical trial.
- Adults who can evidence that they cannot be vaccinated for medical reasons.

* Anyone in these groups (excluding children 4 and under unless the positive case is in their household) **will be advised to take a precautionary PCR test**, unless they have received a positive PCR test result in the previous 90 days.

Anyone who doesn't meet an exemption will still need to self-isolate if you are notified as a close contact or if you test positive for Covid-19.

Fully vaccinated staff who work in health and social care must carry out additional measures to attend their workplace (see next slide).

[See detailed guidance online](#)