Dear Parents and Carer,

At Walworth School we are getting involved in Mental Health Awareness Week. This takes place from 13th to 17th May on a topic of body image – how we feel and think about our bodies.

We have timetabled activities that week for children and staff to engage in recognising the importance of issues around mental health and emotional wellbeing.

Please can we ask for your support on Friday 17th May by asking your child to wear something ‘Green’ and give a £1 donation which will be sent to the Mental Health Foundation Society. Throughout the week we are also collecting tinned food to give to a local food bank, we would appreciate if you can support this collection.

You can access more information about Mental Health and Emotional Wellbeing Support from the Mental Health Foundation at

https://www.mentalhealth.org.uk/our-work

Many Thanks for your support.

Yours Sincerely

Roland Cooke (Assistant Head Teacher / EWMH Coordinator)